



HELPFUL HINTS FOR STUFFING A KONG

Materials Needed

- Kong-style interactive toy
- Dog kibble
- A can of wet food, organic pumpkin or plain yogurt

Kong Stuffing Guidelines

Levels are designed to decrease stress and frustration for your dog. If you skip ahead and immediately give your pet a Level 5 Kong, they may give up and lose interest. We recommend progressing gradually!

Level 1: Fill the Kong entirely with kibble and then give it to your dog.

Level 2: Fill the Kong three quarters of the way with kibble. Fill the last quarter with wet food, organic pumpkin or plain yogurt, then give it to your dog.

Level 3: Fill a Level 2 Kong. Place the level 2 Kong in your freezer. Once the top layer is frozen, give the Kong to your dog.

Level 4: Mix wet food, organic pumpkin or plain yogurt with kibble. Fill the entire Kong with the mixture and give it to your dog.

Level 5: Fill a level 4 Kong and place it in your freezer. Once the entire Kong is frozen, give it to your dog.*

*A frozen level 5 Kong may keep your dog busy for up to 45 minutes!



Behavior Helpline

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